

A Brilliant award

Southall's Brilliant restaurant has been voted as best in London and the South in the BIBA awards by readers of ethnic food and drink publication, Menu Magazine, The Real Curry Guide and website: menu2menu.com. Brilliant



was also ranked in the BIBA Top 30 for the whole of Britain.

Brilliant has been going strong for more than 30 years and is run by Gulu Anand, with his daughter, Dipna and son, Shanker. Dipna, who has a first-class degree in hospitality and catering and teaches a BTEC in Indian Cookery, says, "It is fantastic to be recognised in this way. We are the only restaurant to introduce the unique Indian healthy

eating concept, which attracts different sections of the market. Where else can you get low-fat, Chicken Tikka Masala? The Brilliant restaurant in Southall has been a much sort-after venue since it was first opened by brothers Kewal and Gulu Anand in 1975. During those years the restaurant has grown from a modest 36 seats to now cater for up to 250. Not content to sit on their laurels, the Anand family announced a new "healthy options" menu earlier this year, designed by Dipna. One of the long-time attractions for customers at Brilliant has been the home-made pickles and chutneys and in another new, exciting move, it has been announced that these are now being bottled and put on sale to satisfy customer demand.

The products are being made in the restaurant's onsite, custom-built production. Dipna Anand comments, "Diners have been enjoying the authentic dips so much they frequently ask for samples of pickles and chutneys to take home. The fact that we make them all ourselves ensures their special taste and flavour with all spices freshly ground on the premis-

es." Varieties include tamarind chutney, mint chutney, chilli and carrot pickle, lime pickle and mango pickle, all with absolutely no artificial additives or colouring.



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